

Middle Eastern Orange Cake



INGREDIENTS:

2 Large oranges

1ltr Water

6 Eggs

1 Tsp vanilla essence

250g Sugar

250g Total of tree nuts or meal such as

almonds, hazelnuts, walnuts

1 Heaped tsp baking powder

50g Thickened cream, whipped

1 Orange, segmented

EQUIPMENT:

1 medium saucepan

1 small bowl

24cm spring form cake tin, greased and

line

1 blender

1 rubber spatula

Piping bag

Serving plate

Pastry brush

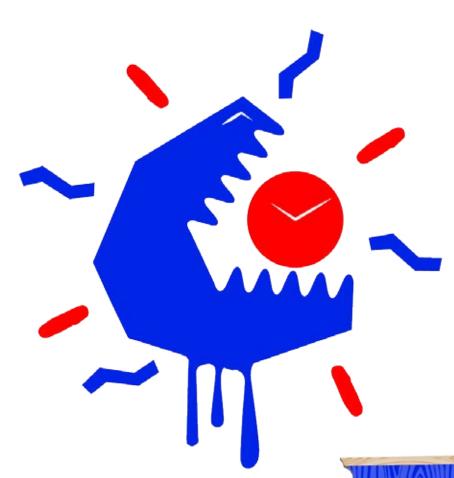
tongs



METHOD:

- 1. Place oranges in a saucepan and cover with water. Boil for 1-2 hours. Drain and leave to cool, reserving the syrup. This can be done well in advance.
- 2. Preheat oven to 190°C. Grease and line the cake tin.
- 3. Crack eggs into bowl and pour into blender with the vanilla.
- 4. Open up oranges and remove the most of the pips, then break up flesh and skin into smallish pieces and place into blender.
- 5. Add sugar, then nuts/nut meal and baking powder.
- 6. Place lid securely on the blender and blend until a smooth puree is formed. Use spatula to scrape down the sides of the blender.
- 7. Pour batter into cake tin and place into oven for 1-1 hours.

 Test for doneness by inserting a wooden skewer into the centre of the cake if it comes out clean it is done.
- 8. Leave cake to cool in tin, then gently remove to a cake plate for decoration.
- 9. Pipe cream rosettes around the cake and top with the orange segments



crunch-time.tv